Total Iron
Chromazurol B
Single Reagent

REF: 289 001 (50 test) 2 x 25 ml
REF: 289 002 (100 test) 4 x 25 ml

Intended Use
Spectrum Diagnostics iron reagent is intended for the in-vitro quantitative, diagnostic determination of total iron.

Background
The majority of iron in the body (~3 – 3.5 g) is found in the haemoglobin of the red blood cells or their precursors in the bone marrow. Plasma contains very small fraction of iron (~ 2.5 mg). Iron is transported from one organ to another as a complex formed of ferric ions and a protein called apotransferrin, this iron-protein complex is called transferrin. The major iron-storage compound in the body is ferritin; it occurs in almost all body cells but particularly in hepatocytes. Serum iron is measured by the quantity of iron bound to transferrin, while TIBC is a direct measurement to transferrin. Elevated serum iron levels have been found in cases of hemochromatosis, hepatitis, hepatic necrosis and hemolytic anemia. Decreased levels have been associated with iron deficiency anemia, chronic blood loss, chronic disorders and insufficient dietary iron. The TIBC varies in disorders of iron metabolism so, TIBC is elevated in iron deficiency anemia. The measurements of both serum iron and TIBC is fundamental in evaluation and differential diagnosis of various types of anemia, liver disease and chronic illness.

Method
Colorimetric CAB Method.

Assay Principle
Iron reacts with chromazurol B and cetyltrimethyl-ammonium bromide (CTMA) to form a coloured ternary complex with an absorbance measured at 623 nm. The intensity of the colour produced, is directly proportional to the concentration of iron in the sample.

Reagents
<table>
<thead>
<tr>
<th>Standard Iron (ST)</th>
<th>200 µg/dL 35.8 µmol/L</th>
</tr>
</thead>
<tbody>
<tr>
<td>Acetate buffer PH 4.7</td>
<td>50 mM</td>
</tr>
<tr>
<td>CAB</td>
<td>0.13 mM</td>
</tr>
<tr>
<td>CTMA</td>
<td>0.92 mM</td>
</tr>
<tr>
<td>preservatives and stabilizers</td>
<td></td>
</tr>
</tbody>
</table>

Precautions and Warnings
Do not ingest or inhale. In case of contact with eyes or skin; rinse immediately with plenty of soap and water. In case of severe injuries; seek medical advice immediately.

Reagent Preparation, Storage and Stability
All reagents are supplied ready to use and stable until expiration date stated on label when stored refrigerated at 2 - 8 °C.

Specimen Collection and Preservation
The recommended specimen is serum or heparinized plasma. Plasma specimens collected with EDTA, oxalate, or citrate as anticoagulants are unsatisfactory since they bind iron, preventing its reaction with the chromogen. Morning specimen is preferable to avoid low result due to diurnal variation. The biological half life of iron in blood is few hours.

Stability: 7 days at 15 – 25 °C ; 3 weeks at 2 – 8 °C; 1 year at -20 °C.

System Parameters
- Wavelength: 623 nm
- Optical path: 1 cm
- Assay type: End-point
- Direction: Increase
- Sample : Reagent Ratio: 1 : 25
- e.g.: Reagent volume: 1 ml
- Sample volume: 40 µl
- Temperature: 25 °C, 30 °C or 37 °C
- Incubation time: 5 minutes
- Zero adjustment: Reagent Blank
- Sensitivity: 12 µg/dL
- Linearity: 500 µg/dL

Procedure

<table>
<thead>
<tr>
<th>Reagent Blank</th>
<th>Standard</th>
<th>Sample</th>
</tr>
</thead>
<tbody>
<tr>
<td>Reagent (R)</td>
<td>1.0 ml</td>
<td>1.0 ml</td>
</tr>
<tr>
<td>Standard</td>
<td>-----</td>
<td>40 µl</td>
</tr>
<tr>
<td>Sample</td>
<td>-----</td>
<td>-----</td>
</tr>
</tbody>
</table>

Mix, and incubate for 5 minutes at 25,30 or 37 °C. Read the absorbance of the standard and sample against reagent blank.

Calculation

\[
\text{Iron conc. (µg/dL) =} \frac{A_{\text{Sample}}}{A_{\text{Standard}}} \times 200
\]

SI units
(µg/dL) x 0.1791 = µmol/L

Quality Control
Normal & abnormal commercial control serum of known concentrations should be analyzed with each run.

Important notes
1. Make sure that the distilled (double distilled) water is absolutely iron free.
2. Do not use turbid or hemolytic sera or plasma.
3. This iron test is very sensitive. To avoid contamination the glassware used must be iron free. We strongly recommend to use disposable laboratory materials when performing this test.

4. Bilirubin up to 15 mg/dL and copper up to 500 µg/dL do not interfere.

**Performance Characteristics**

**Precision**

Within run (Repeatability)

<table>
<thead>
<tr>
<th>Total Iron</th>
<th>Level 1</th>
<th>Level 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>n</td>
<td>20</td>
<td>20</td>
</tr>
<tr>
<td>Mean (µg/dL)</td>
<td>159</td>
<td>344</td>
</tr>
<tr>
<td>SD</td>
<td>2.1</td>
<td>1.9</td>
</tr>
<tr>
<td>CV%</td>
<td>2.3</td>
<td>0.57</td>
</tr>
</tbody>
</table>

Run to run (Reproducibility)

<table>
<thead>
<tr>
<th>Total Iron</th>
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<th>Level 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>n</td>
<td>20</td>
<td>20</td>
</tr>
<tr>
<td>Mean (µg/dL)</td>
<td>162</td>
<td>351</td>
</tr>
<tr>
<td>SD</td>
<td>2.9</td>
<td>2.6</td>
</tr>
<tr>
<td>CV%</td>
<td>2.9</td>
<td>0.68</td>
</tr>
</tbody>
</table>

**Methods Comparison**

A comparison between Spectrum Diagnostics Iron reagent and a commercial reagent of the same methodology was performed on 20 human sera. A correlation of 0.983 was obtained.

**Sensitivity**

When run as recommended, the sensitivity of this assay is 12 µg/dL for serum iron.

**Linearity**

The reaction is linear up to iron concentration of 500 µg/dL. Specimens showing higher concentration should be diluted 1+1 using physiological saline and repeat the assay (result × 2).

**Interfering Substances**

**Haemolysis**

No interference up to haemoglobin level of 5 g/L (0.3 mmol/L) in determining serum iron and up to 1 g/L for TIBC.

**Icterus**

No significant interference up to a bilirubin level of 30 mg/dL.

**Lipemia**

Lipemic specimens are not recommended since they may cause negative bias. Lipemic specimens can be diluted before assay and the dilution factor should be considered during calculation.

**Anticoagulants**

Citrate, EDTA, and oxalate should be avoided.

**Expected values**

<p>| | |</p>
<table>
<thead>
<tr>
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<tbody>
<tr>
<td>Iron</td>
<td></td>
</tr>
<tr>
<td>&lt; 7 months</td>
<td>150 – 220 µg/dL</td>
</tr>
<tr>
<td>Adults Women</td>
<td>37 – 145 µg/dL</td>
</tr>
<tr>
<td>Men</td>
<td>65 – 175 µg/dL</td>
</tr>
</tbody>
</table>

**Spectrum Diagnostics does not interpret the results of a clinical laboratory procedure; interpretation of the results is considered the responsibility of qualified medical personnel. All indications of clinical significance are supported by literature reference.**

**Analytical Range**

Iron : 12 – 500 µg/dL (0.9 – 89.5 µmol/L).

**Waste Disposal**

This product is made to be used in professional laboratories. Please consult local regulations for a correct waste disposal. S56: dispose of this material and its container at hazardous or special waste collection point. S57: use appropriate container to avoid environmental contamination. S61: avoid release in environment. refer to special instructions/safety data sheets.

**References**


**ORDERING INFORMATION**

<table>
<thead>
<tr>
<th>CATALOG NO.</th>
<th>QUANTITY</th>
</tr>
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<tbody>
<tr>
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IFUFCC94 Rev.(1), 17/4/2014